Japan's labor laws are equally applicable to not only Japanese workers but also foreign workers, including the Labor Standards Law, Minimum Wage Law, Workmen's Accident Compensation Insurance Law and Equal Opportunities Law.



Work and status of residence

[Inquiries] Foreign Resident Comprehensive Information Center (English, Chinese, Korean, and Spanish)

☎ 0570-01-3904 (IP, PHS, Overseas ☎ 03-5796-7112)

Mon-Fri 8:30-17:15

Foreign residents are allowed to do activities within Japan within the scope of their status of residence as defined by law. When gaining employment in Japan, the foreign resident must check whether the employment is appropriate for their status of residence. Illegal employment

is subject to deportation. Employers of illegally employed foreign workers are subject to imprisonment or fines. Please contact the Foreign Resident Comprehensive Information Center for information about statuses of residence.



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Finding a job

[Inquiries] (1) Public Placement Office (Hello work)

1 Hello Work Omori 2 03-5493-8609 Mon - Fri 8:30-17:15

② Kamata Work Plaza 🕿 03-5711-8609

Tue, Fri 9:00-19:00 Mon, Wed, and Thur 9:00-17:00 Sat (2nd, 4th of month) 10:00-17:00

(2) Tokyo Foreign Workers Employment Service Center

☎ 0570-011000

Supported languages: English Mon - Fri 10:00-17:00

When looking for work in Japan, please use services at Hello Work.

Labor Consultation

Supported languages:

English (2 03-3265-6110), Chinese (2 03-3265-6110)

Mon-Fri 9:00-17:00 (English Mon-Fri 14:00-16:00, Chinese Tue, Wed, Thu 14:00-16:00)

Tokyo Metropolitan Labor Consultation Information Center supports consultations about wages, severance pay and other working conditions as well as all labor issues including labor-management relations.

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[Inquiries] Tokyo Labor Bureau – Foreign Laborer Consultation Hotline
          (English, Chinese, Portuguese, Spanish, Tagalog, Vietnamese)
          5 0570-001701 (English: Mon - Fri)
          5 0570-001702 (Chinese: Mon - Fri)
          5 0570-001703 (Portuguese: Mon - Fri)
          ☎ 0570-001704 (Spanish: Mon - Fri)
          5 0570-001705 (Tagalog: Mon - Fri)
          5 0570-001706 (Vietnamese: Mon - Fri)
          2 0570-001707 (Burmese: Mon)
          2 0570-001708 (Nepali: Mon - Thu)
          5 0570-001709 (Korean: Thu & Fri)
          5 0570-001712 (Thai: Wed)
          2 0570-001715 (Indonesian: Wed)
          2 0570-001716 (Cambodian [Khmer]: Wed)
          5 0570-001718 (Mongolian: Fri)
          10:00-15:00 *Except from 12:00-13:00
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Tokyo Labor Bureau provides consultation for labor conditions for foreign laborers working in Japan.



Workers' accident compensation insurance

[Inquiries] Ota Labor Standards Inspection Office ☎ 03-3732-0174

Mon - Fri 8:30-17:15

The insurance scheme aims at protecting the worker in case he/she gets injured or is taken ill because of his/her job or during commuting. If he/she dies in an accident at work, his/her family will be given compensatory benefits. The insurance is applied to part-timers and foreign workers as well. Consult with the Labor Standards Inspection Office regarding workers compensation insurance.



Employment insurance

[Inquiries] Nearest Hello Work (P.90)

This employment insurance is a public insurance which provide the worker with benefits necessary for stability in life and facilitates job-seeking activities when he/she becomes unemployed.

For more information, contact the Hello work office in your area, including how to apply and receive benefits.