

## 1

**When you become pregnant****(1) Notice of Pregnancy**

**[Inquiries] Health Care Management Division ☎ 03-5744-1661**

When you confirm your pregnancy, please notify one of the municipality desks listed below, and you will be issued with a Maternal and Child Health Handbook and Mother & Child Health Package.

**[Where to register your pregnancy:]**

- **Area Health Divisions** (P.11)
- **Health Care Management Division ☎ 03-5744-1661**
- **Branch offices** (P.12)

Uguisu Net counter for maternal & child health handbooks  
(1st Floor, City Office Main Building)

**(2) Pregnancy Interview (Karugamo Project)**

**[Inquiries] Area Health Divisions** (P.11)

Available to all who submit a Notice of Pregnancy. Interviews with midwives or health professionals are performed to help women give birth with peace of mind by lessening various worries that arise during pregnancy. There is a present to support mothers that is given to all that complete the interview.

**(3) Health Checkups & Dental Examinations for Expectant Mothers and Hearing Tests for Newborns**

**[Inquiries] Health Care Management Division ☎ 03-5744-1661**

Be advised to take health checkups and dental checkups to have a pleasant pregnancy and an easy delivery.

- ① Subsidized health checkups :Subsidies provided for up to 14 checkups, an ultrasound checkup and cervical cancer screening during your pregnancy.
- ② Pregnancy dental checkup: During pregnancy it is easy to get cavities or periodontal disease. You can receive one free checkup during your pregnancy.

- ③ Hearing tests for newborns: Subsidies are provided to cover part of the cost of a hearing test for a newborn.

※ The checkup cards for ①～③ are contained in the Mother & Child Health Package.

《Useful information》

If you decide to deliver in Japan, we would suggest you immediately make an appointment at the medical facility where you wish to deliver.

## (4) Subsidy Program for Medical Care Expenses

**[Inquiries] Area Health Divisions** (P.11)

Financial assistance is available for expectant mothers who develop high blood pressure, diabetes, bleeding during pregnancy, heart disease or anemia and need to be hospitalized for treatment. Such assistance is based on a subsidy standard and covers the cost of personally borne portions for hospitalization and treatments incurred under the health insurance program.

## (5) Subsidy for Designated Childbirth Facility

**[Inquiries] Social Welfare Divisions** (P.11)

Expectant mothers with financial difficulty in meeting the expenses for hospitalization and delivery can be hospitalized at specific facilities designated by Ota City. For more information on eligibility and other related matters, please inquire at one of the Social Welfare Divisions.

# 2

## Upon delivery

### (1) Various Notification Procedures after Childbirth

#### ① Birth Registration

When your child is born, please obtain a certification of birth from your physician and file a birth registration within 14 days after birth.

**[Notification submission]**

Household Residents Registry Division (1F of Ota City Office main building)

Branch Offices (P.12)

#### ② Passport application.

Please contact your embassy for details.

#### ③ (1) If neither of the parents are special permanent residents

Please apply for acquisition of a status of residence and permission for a period of stay.

These applications must be made to the Tokyo Regional Immigration Services Bureau within 30 days from the date of birth.

#### (2) If either or both parents are special permanent residents

Special Permanent Resident Application

**[Inquiries] Household Residents Registry Division ☎ 03-5744-1187**

When either of or both parents are special permanent residents, application for special permanent residence can be filed within 60 days after birth with the Household Residents Registry Division (1F of main building of City Office).

**Required documents:** Certificate of information in the notice of birth, copy of the parent's resident certificates or special permanent resident certificate, copy of child's resident certificate and child's passport (not needed if not available)

## (2) Birth Reporting Form/Home Visit Request Form [Inquiries] Area Health Divisions (P.11)

※ Please contact the Area Health Division for where you live.

Please fill in and submit the birth notice enclosed in the Mother & Child Health Package you were given when submitting the notice of pregnancy to the Area Health Division right away.



## (3) Other child related Benefit Programs

Benefit programs	Eligibility	Where to inquire
Child Allowance	Children before completing junior high school course ※Apply within 15 days following the day of transfer (date of birth or that of planned transfer from the previous address), and allowance will be given starting from the next month after transfer.	Medical Care for Children Section, Childcare Support Division ☎03-5744-1275
Medical Expense Subsidy for Children	Children before completing junior high school course	
Medical Subsidy for Single-Parent Family	Children aged up to 18 who meet certain requirements	Child-rearing Section, Childcare Support Division ☎03-5744-1274
Child Support Allowance	Children aged up to 18 (disabled children aged up to 20) without a mother or a father	
Child Rearing Allowance	Children up to 18 years old whose father or mother has died or whose parents are divorced	
Allowance for Disabled Children	Children with mental and physical disabilities up to age 20	

## (4) Health Checkups for Infants and Toddlers

### [Inquiries] Area Health Divisions (P.11)

Ota City conducts health examinations for infants and toddlers as follows:

Checkup programs	Locations	Eligibility, how to receive examination
Checkup for 4-month-old infants	Area Health Divisions	Notifications are mailed to eligible families. Schedules are notified by Ota City's monthly report.
Checkups for 6-to 7-month-old infants	Designated medical facilities in the Tokyo Metropolitan area	Health checkup cards are distributed with checkup notifications for 4-month-old infants
Checkups for 9-to 10-month-old infants		
Checkups for 18-month-old infants	Area Health Divisions	Notifications are mailed to eligible families. Schedules are notified by Ota City's monthly report. Dental checkups performed at the same time.
Checkups for 3 year-old infants		
Dental consultation for infants		Infants aged up to 3 and preschool children with a disability. Reservation necessary.
Dental health checkups & fluoride treatment for infants	Designated dental facilities	One checkup for children aged 2 or under 3. Three checkups for 3-year old children up until starting school. Notifications delivered with those for checkups for 18-month and 3-year-old infants.

## (5) Regular immunizations

### [Inquiries] Infectious Disease Countermeasures Division and Area Health Divisions (P.11)

Eligibility	Immunization type	Locations	Immunization Slips
Infants	Hib	Medial facilities conducting immunizations in Ota City	Sent by the Infectious Disease Countermeasures Division within two months from the date of birth
	Infantile pneumococcus		
	Hepatitis B		
	DPT-IPV (Diphtheria, Pertussis, Tetanus, Inactivated polio quadruple)		
	BCG		
	MR (Measles and Rubella double)		
	Chicken Pox		
	Japanese encephalitis I		
Elementary school children	Japanese encephalitis II		Sent to each third-grade child*2
	DT (Diphtheria and Tetanus double)		Sent to each fifth-grade child*3
Junior high school children	Human papillomavirus (vaccine against cervical cancer)		*4

For procedures required when moving into Ota City and exceptional cases for Japanese Encephalitis, please contact the above-mentioned Division.

\*1 An immunization slip for the second MR vaccination will be sent to each child when they reach vaccination age. It will be sent together with an immunization slip for the second MR vaccination to children born before March 1, 2018.

\*2 This immunization slip will be sent to third- and fourth-grade children in 2020.

\*3 This immunization slip will be sent to fifth- and sixth-grade children in 2020.

\*4 In accordance with the recommendations by the national government, this slip has not been sent separately since June 2013. This slip is issued upon request, so please contact the above-mentioned Division if you need one.

## 3 Child-rearing

### (1) Nursery schools

#### ① Nursery schools

Daycare centers provide childcare for parents unable to take care of their children during the daytime due to work, illness, childbirth, and other reasons. In Ota City, there are a total of 177 public and private daycare centers (39 public and 138 private centers\* as of March 1, 2021).

Nursery school fees vary depending on the parent's income from the previous year.

Inquiries	Contact
Enrollment and application	Nursery Services Division ☎03-5744-1280
Nursery school management	Nursery Services Division ☎03-5744-1279
Nursery school fees	Nursery Services Division ☎03-5744-1280

#### ② Temporary child care (fees applicable)

This childcare system is for limited periods regardless of reason. For children aged 5 months until starting school.

#### ③ Regular child care (fees applicable)

Regular ongoing child care for children needing it when guardians engage in part time work or nursing of elderly parents. For children aged one or two (sometimes children less than one year).

#### ④ Emergency child care (fees applicable)

**[Inquiries] Nursery Services Division ☎ 03-5744-1617**

For children who cannot receive child care from their guardian due to sickness or childbirth, children can be looked after as needed in an emergency.

#### ⑤ Childcare for sick children or after sickness (fees applicable)

**[Inquiries] Nursery Services Division ☎ 03-5744-1277**

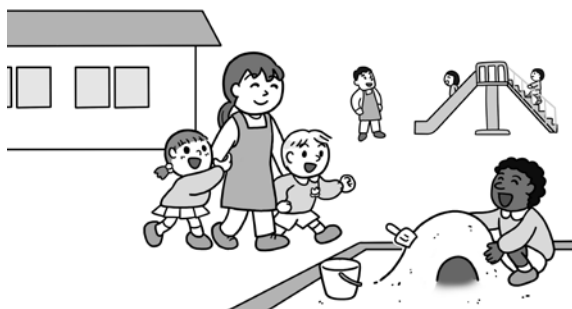
When unable to attend a child care facility due to sickness and guardians' work, children can be looked after by a facility. There are conditions for use. Some children are ineligible depending on the sickness.

#### ⑥ Child care for holidays

When children cannot be cared for at home during holidays due to work by guardians they can be looked after. This is for children at least one year old attending a local licensed small nursery.

## **(2) Kindergartens**

**See the page on education. (P.81)**



## **(3) Children's Centers**

**[Inquiries] Childcare Support Division ☎ 03-5744-1273**

Children's Centers provide places for infants and their parents as well as elementary and junior high school children to play and make new friends. They are closed on Sundays, holidays (except the Children's Day on May 5), and from December 29 to January 3.

## **(4) After-School Care Program (fees applicable)**

**[Inquiries] Childcare Support Division ☎ 03-5744-1273**

Children who cannot be supervised at home after school due to their parents' employment or other reasons are eligible to receive care at After-School Care facilities located in Children's Centers, After School Club for Children, or Hokago Hiroba. This program must be paid for. For details, contact the above Division.

## **(5) Child and Family Support Center**

The Center provides consultation on and other services for childcare.

### **① Consultation for children and families**

Counselors provide counseling services (by phone or in person) for issues related to children aged between 0 and 18 and their families, including parenting, schools, friends, and lifestyles. Children can also access counseling services (Anonymous and confidential counseling available). Prior appointment is required for counseling in person.

### **② Kosodate Hiroba**

Counseling for parents of children aged 0 to 3 living in Ota City about worries or fears related to parenting.

### **③ Family Support Ota (fees applicable)**

This is a childcare support network program where parents looking for childcare support (user members) and those willing to provide childcare (support members) sign up to help each other.

#### ④ Temporary child care (fees applicable)

Temporary child care and regular use child care available.

Facility names and locations	Services			
	① Comprehensive consultation for families and children	② Child-Rearing Information Plaza	③ Family Support Ota	④ Nursing room for temporary childcare
Kids-na Omori: Omori-Kita 4-16-5	Mon - Fri 9:00-18:00 Sat 9:30-18:00 ☎03-5753-7830	Mon - Fri 10:00-17:00 ☎03-5753-7830	Mon - Sat 9:00-18:00 ☎03-5753-1152	Temporary Childcare Mon - Sat 9:00-18:00 Regular childcare Mon - Sat 8:30-18:00 ☎03-5753-0805
Kids-na Senzokuie: Kamiikedai 2-35-18	Mon - Sat 10:00-18:00 ☎03-5754-7830	Mon - Fri 10:00-17:00 ☎03-5754-7830	—	—
Kids-na Kamata: Shakai Fukushi Center 2nd Floor, 7-49-2 Nishi-Kamata	Mon - Sat 10:00-18:00 ☎03-5714-1152	Mon - Fri 10:00-17:00 ☎03-5714-1152	—	—
Kids-na Rokugo: 3rd Floor, Rokugo Community Activities Promotion Center: Naka-Rokugo 2-44-11	Mon - Sat 10:00-18:00 ☎03-6715-7830	Mon - Sat 10:00-17:00 Till 14:00 on 3rd Sat Not available on some Saturdays ☎03-6715-7830	—	Temporary Childcare Mon - Sat 9:00-18:00 Regular childcare Mon - Sat 8:30-18:00 ☎03-3733-1152

※ “Kids-na” is a nickname for Child and Family Support Center.

**(1) Medical expense subsidy for infantile diseases****[Inquiries] Area Health Divisions (P.11)**

Types of subsidy program	Eligibility: children under 18 years of age
Chronic infantile diseases	Congenital disorder, cardiac disease, pediatric cancer, kidney failure, diabetes, nephrosis and others.
Medical care benefit for infantile hospitalization	Children who have contracted tuberculosis in their bone joint or other areas, and are certified to be in need of hospitalization.
Medical care (childrearing medical care) for self-support	Children with orthopedic impairments, sight, hearing, equilibrium, vocal, speech or eating impediments, or children who have heart, kidney, small intestine, liver, immunity malfunctions or other internal organ disorders, and have a chance of improvement if they have a surgical operation at a designated medical institution for self-support
Infantile mental disorder	Children who are hospitalized at psychiatric wards for mental disorder treatments.

**(2) Medical expense subsidy for children****[Inquiries] Childcare Support Division ☎ 03-5744-1275**

A Medical Care Certificate is issued upon guardian's application. By submitting this certificate to medical institutions in the Tokyo Metropolitan area, the personally borne portion of expenses incurred for medical care given to the child under the insurance program is subsidized.

Type	㊤ Infant Medical Care Certificate	㊦ Child Medical Care Certificate
Eligibility	Preschool children from 0 years of age until first March 31 after his/her 6th birthday.	Children from first April 1 after his/her 6th birthday until completing junior high school or the first March 31 after his/her 15th birthday.
Issuance date of qualification for Medical Care Certificate	When the application is filed within 6 months after childbirth or moving into Ota City → Medical expense incurred on and after the day of childbirth or moving into Ota City is subsidized. When the application is filed more than 6 months after childbirth or moving into Ota City → Medical expenses incurred on or after the 1st day of the month of application is subsidized.	
Scope of subsidy	Personally-borne portions of medical care, medication and other expenses subject to the health insurance program, and standard meal costs during hospitalization	

### (3) Child related benefit programs

File an application to receive the following benefits. As a basic rule, payment starts from the following month of filing an application. Please inquire for information on eligibility and the amount of subsidy you are eligible for.

Child benefit programs		Eligibility	Inquiries
Child Allowance		Children before completing junior high school until the first March 31 after his/her 15th birthday	Medical Care for Children Section, Childcare Support Division ☎03-5744-1275
Child-rearing Allowance	Child-rearing Allowance	Children until March 31 after they turn 18 Single-parent family (this includes families with a severely disabled parent)	Child-rearing Section, Childcare Support Division ☎03-5744-1274
	Allowance for Disabled Children	Family with a child under 20 with physical or mental disabilities	
Child Support Allowance		Children until March 31 after they turn 18 (including children with medium or more serious disability under 20) without a father or mother (this includes families with a severely disabled parent)	
Special Child Support Allowance		Family with a child under 20 with physical or mental disabilities	
Welfare Allowance for Disabled Children		Those who are under 20 and need constant care at home in daily life due to a severe disability	Disabled Residents Welfare Division ☎03-5744-1251 Area Welfare Divisions(P11)

※ File an application for child allowance within 15 days after childbirth or the planned date of moving from the previous address, and child allowance will be paid, starting from the next month.

### (4) Medical care for premature babies

**[Inquiries] Area Health Divisions (P.11)**

### (1) Education System of Japan

Japanese school education has a 6-3-3-4 structure, and is composed of 6 years of elementary school, 3 years of junior high school, 3 years of high school and 4 years of university education. Japan's school year begins in April and ends in March of the next year.

### (2) Kindergarten

**[Inquiries] Private School Management Section, Educational Affairs  
Division ☎ 03-5744-1619**

Kindergarten is an educational institution for preschool children aged 3 to 5 before entering elementary school.

#### ① Grants and subsidies for private kindergarten fees

Subsidies and other support are provided to parents (registered with the Ota City Office) who have their children enrolled in a private kindergarten. Further information on the procedure is provided through kindergartens.

**[The available subsidy programs are as follows]**

- Subsidy to cover admission fee (a one-time subsidy per child enrolled in a private kindergarten.)
- Child Care Facility Usage Grant (Early Childhood Education Grant Scheme)
- Parenting Support Subsidy (provided in addition to the Child Care Facility Usage Grant)

### (3) Elementary school and junior high school

**[Inquiries] School Entrance and Guidance Section, School Affairs  
Division ☎ 03-5744-1429**

There are 59 municipal elementary schools and 28 municipal junior high schools in Ota City. School education is not compulsory for foreign national children.

However, the municipal elementary and junior high schools accept foreign national children who hold resident registration in Ota City.

#### ① Enrolling in or transferring to a local elementary or junior high school

**Required documents:**

Child's Residence Card or Special Permanent Resident Certificate and Passport

Submit the required documents to the School Entrance and Guidance Section of the School Affairs Division (Nissei Aroma Square 5th Floor). Based on this application, the Board of Education will assign the child to a school.

\* If you would like to enroll your child in a national, private, or metropolitan school, please contact the school directly.

#### ② School expenses

The municipal elementary or junior high schools in Ota City do not require admission,

tuition or textbook fees. However, parents or guardians need to be responsible for their child's school supplies, sub-learning materials, school lunch, outing and school excursion fees, etc.

### ③ School attendance support system

For people with difficulties paying for school lunch or school supplies when attending elementary or junior high school residing in the city, the costs can be partially supported. (Limited based on income)

### ④ Ota Children's Japanese Language Class

Japanese language classes are held for school-age children and preschool children six months younger than school age who are residing in Ota City and who are not fluent in Japanese.

For more information, please see bulletin boards (lessons, cultural events, and sports) within the City (P.87).

[https://www.ota-goca.or.jp.e.ahr.hp.transer.com/japaneseclass\\_children/](https://www.ota-goca.or.jp.e.ahr.hp.transer.com/japaneseclass_children/)



In Japan, elementary school children generally walk to school on their own. It is therefore helpful for them to know where to ask for help in case of emergency.

Tell your child in advance that they can ask for help from neighborhood stores, homes, and convenience stores with a "Kodomo SOS" sticker, in addition to police boxes.



Kodomo SOS Home Sticker

## (4) High school and university

In Japan, most students go to high school (for 3 years at regular high school and 4 years at part-time high school) after they finish compulsory education (elementary and junior high school).

Many students also go to university or technical college after finishing high school education.

## (5) Ota City Scholarship Program

**[Inquiries] Public Assistance Section, Welfare Management Division**

**☎ 03-5744-1245**

Student loans are offered to selected students who are going to or planning to go to a specialized course at an advanced vocational school or a university and facing financial difficulties.

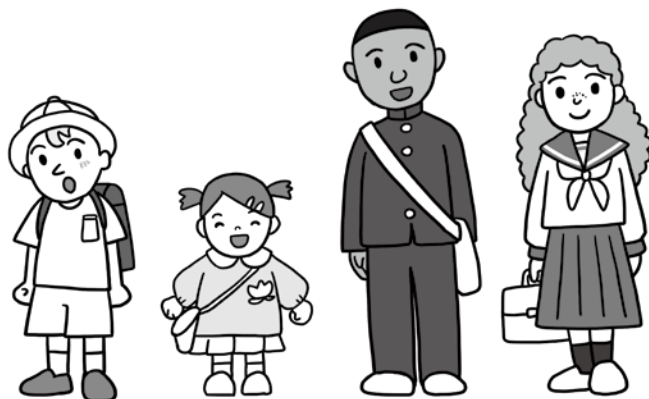
Moreover, a grant of 80,000 yen is provided to selected high school-bound students who meet the specified requirements.

## (6) Other scholarship programs

Scholarship program	Inquiries	
Metropolitan Scholarship	Tokyo Metropolitan Ikuei Scholarship Section, Metropolitan Foundation for Private Schools	☎03-5206-7929
Japan Student Services Organization Scholarship	Contact the scholarship section of your school.	
Metropolitan Mother & Child and Father & Child Welfare Fund	Your local Area Welfare Division (P.11)	
Educational Support Fund	Ota City Social Welfare Association	☎03-3736-2026
National educational loans	Micro Business and Individual Unit, Omori Branch, Japan Finance Corporation	☎03-3761-7551

### Subsidy programs to subsidize private high school expenses

Subsidy program	inquiries	
Private High School Tuition Subsidy Program	Tuition subsidy section, Tokyo Metropolitan Private School Enrollment Support Fund Center	☎03-5206-7925
Loan system for preparation fees at private high school admission	Enrollment fee subsidy section, Metropolitan Foundation for Private Schools	Contact your school.



# Memo